

## **GRIEF RETREAT IN PINE, ARIZONA (Friday through Sunday at noon)**

### **SPRING CHAPTER GRIEF RETREAT IN PINE, ARIZONA (APRIL 28-30, 2017)**

This retreat is held twice annually, spring and fall (October) It is held at a 9 bedroom cabin owned by Roger and Carol Fornoff whose 13-year-old daughter Christy was murdered in 1985 and they founded the cabin specifically for retreats. In the beauty of the pines and mountains north of the valley, participants will work on the difficult emotions that are the aftermath of losing a child or loved one to murder in a safe and warm environment especially conducive to healing, accepting a "new normal" and a renewed sense of purpose and moving forward. The cost of the weekend is \$125 per person and includes board and home-style cooked meals. Scholarships are available. For more information and flyer regarding this retreat, please call (602) 254-8818 or e-mail [beckierose@aol.com](mailto:beckierose@aol.com). To ensure your spot for the retreat, sign up soon.



Attendees at a Grief Retreat weekend in Arizona are shown here wearing, what facilitator Beckie Miller, called the "MASK." The masks are used as a tool to promote security, safety & confidence that POMC is a safe place to take off their masks and not have to pretend they are FINE in order to conform to our society's expectation.

### **FALL CHAPTER GRIEF RETREAT IN PINE, ARIZONA (OCTOBER 20-22, 2017)**

Friday through Sunday in beautiful Pine, Arizona. (see info above Spring)